HEALTHY HYGIENE HABITS

Wash your hands regularly for at least 20 seconds with soap and water or an alcohol-based gel. Dry your hands thoroughly with paper towels or a hand dryer.

Cover your mouth/nose when you cough or sneeze using a tissue or flexed elbow. Place used tissues in a bin. Avoid touching your mouth, eyes and nose.

Avoid close contact with anyone that has cold or flu-like symptoms (keep a distance of at least 1.5 metres).

Coronavirus Health Information Hotline 1800 300 243

CRICOS Provider Code: 00301J    Advice from the WA Department of Health